

FORMULATION CERTIFICATE

Product name: **SILVIA®**
 Type: **WOMEN FORMULA**
 Package type: **15 DAY / 15 NIGHT TABLETS**

Storage condition: **Room temperature**

INGREDIENTS

DAY TABLET

COMPONENTS	PER TABLET	PER 100 G	%RDA PER TABLET
MICRO CRYSTALLINE CELLULOSE	200.00 mg	26.2 g	-
MALTODEXTRIN	147,77 mg	19.3 g	-
MAGNESIUM CARBONATE	80.00 mg	10.5 g	48
VITAMIN C	60.00 mg	7.8 g	100
GUARANA SEED DRY EXTRACT 12% CAFFEINE	50.00 mg	6.5 g	-
SOY LECITHIN	50.00 mg	6.5 g	-
FUCUS VESICULOSUS POWDER	25.00 mg	3.3 g	-
POTASSIUM GLUCONATE	20.00 mg	2.6 g	-
VITAMIN E 50%	20.00 mg	2.6 g	100
SODIUM CHLORIDE	20.00 mg	2.6 g	-
MAGNESIUM OXIDE	20.00 mg	2.6 g	12
ZINC GLUCONATE	15.00 mg	2.0 g	100
MAGNESIUM STEARATE	14.00 mg	1.8 g	-
COATING	14.00 mg	1.8 g	-
LYOPHILISED ROYAL JELLY	10.00 mg	1.3 g	-
VITAMIN A 325 000 IU/G	8.23 mg	1.1 g	100
LUTEIN 10% - MARIGOLD EXTRACT	5.00 mg	0.6 g	-
VITAMIN B2	1.60 mg	0.2 g	100
VITAMIN B1	1.40 mg	0.2 g	100
VITAMIN B6	1.00 mg	0.1 g	50
VITAMIN B12 0.1%	1.00 mg	0.1 g	100

AVERAGE NUTRITIONAL VALUES

	PER TABLET	PER 100 G
ENERGETIC VALUE	1.9 kcal / 8.1 kJ	252 Kcal / 1055 kJ
PROTEINS	Traces	Traces
CARBOHYDRATES	400 mg	57 g
FATS	100 mg	1 g

FORMULATION CERTIFICATE

NIGHT TABLET

COMPONENTS	PER TABLET	PER 100 G	%RDA PER TABLET
MICRO CRYSTALLINE CELLULOSE	200.00 mg	26.2 g	-
TRI CALCIUM PHOSPHATE	200.00 mg	26.2 g	25
LITHOTHAMNIUM CALCAREUM	100.00 mg	13.1 g	-
VITAMIN C	60.00 mg	7.8 g	100
GLUCOSAMINE SULPHATE 95%	50.00 mg	6.5 g	-
SPIRULINA	20.00 mg	2.6 g	-
VITAMIN E 50%	20.00 mg	2.6 g	100
FERROUS GLUCONATE	20.00 mg	2.6 g	100
MALTODEXTRIN	15.80 mg	2.1 g	-
MAGNESIUM STEARATE	14.00 mg	1.8 g	-
COATING	14.00 mg	1.8 g	-
CHONDROITIN SULPHATE	10.00 mg	1.3 g	-
LYOPHILISED ROYAL JELLY	10.00 mg	1.3 g	-
SOY LECITHIN	10.00 mg	1.3 g	-
L-TRYPTOPHAN	10.00 mg	1.3 g	-
ZINC GLUCONATE	5.00 mg	0.7 g	33
VITAMIN B6	1.00 mg	0.1 g	50
VITAMIN B2	1.60 mg	0.2 g	100
VITAMIN B1	1.40 mg	0.2 g	100
VITAMIN B12 0.1%	1.00 mg	0.1 g	100
FOLIC ACID	0.20 mg	0.03 g	100
VITAMIN D3 100 000 IU/G	0.001 mg	0.0001 g	100

AVERAGE NUTRITIONAL VALUES

	PER TABLET	PER 100 G
ENERGETIC VALUE	1.4 kcal / 5.8 kJ	181 Kcal / 758 kJ
PROTEINS	100 mg	10.2 g
CARBOHYDRATES	300 mg	41.0 g
FATS	Traces	Traces

RDA: Recommended Daily Allowance